APPOINTMENT FOR A GLUCOSE TOLERANCE TEST

Name:                                                          Date:                          Time:

Preparation for Glucose Tolerance Test:

1. Do not eat or drink anything after 10pm the night before the test.
2. Please refrain from smoking from 10pm the night before the test and until the test is completed.
3. Do not eat or drink on the morning of the test (except a plain glass of water if required).
4. Please attend the out patient department at 8.30am on the morning of the test with your blood test request form.
5. You will be required to remain in the department for approximately two hours.
6. Please sit quietly during this procedure. Do not leave the department.

Phlebotomy Department, Out-Patients, Bedford Hospital NHS Trust, Ampthill Road Bedford MK42 9DJ, Tel: 01234 792160,