Tibbs Dementia Foundation is a Community Interest Company dedicated to providing a range of accessible services and activities for people living with dementia and their carers within the local community.

Tibbs Dementia Foundation strives to be responsive to the needs and ideas of people with dementia and their carers and actively seeks to support people with dementia to have a voice and to be heard.

Tibbs Dementia Foundation is directed by qualified and experienced dementia specialists and supported by a dedicated volunteer network.

Email us at: tibbs.dementia@hotmail.com
Phone us on 07795177948
Every Friday: 2.30pm – 4.00pm
Newham Street, Bed ford
Both groups run at Dame Alice Court.

Chat:
Lively stimulating opportunities and a chance to simultaneously enjoy short stories and coffee.

A large energetic group encompassing dance, poetry, playing instruments and singing.

Queen’s Park, Bed ford;
The Community Centre, Waltham Forest.

Every Friday: 10.00am – 11.45am
Queen’s Park Bed ford;
The Parish Room, Waltham Forest.

Every Thursday: 2.00pm – 3.30pm
Performance:
A creative musical space for carers and
Music 4 Memory

Clear Voices
Weekly sessions for those wishing to
understand and talk about their diagnoses.

Clear Voices

Every Saturday: 2.00pm – 3.30pm
Dame Alice Court, Newham Street

There is no charge for this service.
Voice to express needs and anxieties.
To develop a support network, identify
strategies to take more control over the
diagnosis and to find a strong and clear
identity.

Knitting and matting group

Emotions:
Greater acceptance and understanding of these
dementia symptoms and working towards developing
supporting someone with a diagnosis of
the often challenging emotions associated with
opportunity to identity and verbalise some of
This facilitated group offers a chance an
Snowdrops Group