Personal Profile for

This information is to help those caring for you understand what your preferences are when you have some difficulty in remembering daily things.

The name I liked to be called

The person who knows me best is

Relationship to me

The best way to communicate with me is

What makes me happy

What helps me when I get anxious or upset

What things worry or upset me

Things that help me to remember or jog my memory
Eating and drinking preferences………………………………………………
…………………………………………………………………………………………
…………………………………………………………………………………………

My Mobility……………………………………………………………………

Do you need help with taking your medication? ………………………
…………………………………………………………………………………………

My personal care .................................................................
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…………………………………………………………………………………………
…………………………………………………………………………………………

Anything else that will help us to help you whilst you are in our care…
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Introduction to the Butterfly Scheme……………………………………
…………………………………………………………………………………………
…………………………………………………………………………………………

Form Completed by……………………… Date…………………………