

Threatened Miscarriage

The doctor saw you today and diagnosed a threatened miscarriage.

Threatened miscarriage is the term used to describe bleeding in early pregnancy, where the cervix is found to be tightly closed.

This does not necessarily mean that you will miscarry. Many women will go on to have a healthy pregnancy and a healthy baby.

You may go home to rest or carry on with your normal routine. Whatever you choose to do, it is unlikely to make any difference to the outcome of the pregnancy, so just do what feels right for you.

You will probably be given a follow-up scan appointment. You may carry on bleeding whilst at home. As long as the bleeding is not heavy and you do not have too much pain you do not need to be seen until your next appointment.

You should phone orchard gynaecology for advice if:

- The bleeding becomes heavy, i.e. you have to change your pad every hour.
- You are passing large clots.
- You are in pain that is not controlled with over the counter pain killers such as Paracetamol or Ibuprofen.

If you bleed heavily at home and pass what you think may be pregnancy tissue you may call the ward for advice. You may be asked to bring the tissue into orchard gynaecology ward where the staff can arrange for the sensitive disposal of any fetal tissue. Alternatively you may dispose of it at home.

Contact Orchard Gynaecology: 01234 792219 or via the Bedford hospital switchboard 01234 355122 ext 2223.