

Dear Patient

Please read this leaflet carefully as it contains important information about things you should pay attention to when using this medication. If you have any questions please consult your doctor or pharmacist.

## PIGMANORM® Crème WIDMER Cream

100g cream contains:  
Hydroquinone 5.0g  
Tretinoin 0.1g  
Hydrocortisone 1.0g

### Other ingredients

$\alpha$ -dodecyl- $\omega$ -hydroxypoly-(oxyethylene)-  
eozemas, perioral dermatitis  
(inflammation of the skin at the sides of the mouth), rosacea, chickenpox, reactions to vaccinations, skin infections caused by bacteria or fungi and specific skin processes (due to syphilis or tuberculosis).

## Form and content

PIGMANORM® Crème WIDMER 15g tube  
PIGMANORM® Crème WIDMER is a skin cream for local application

## Pharmaceutical distributor

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## Manufacturer

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## Uses

Melanin induced hyperpigmentation (brown skin marks) eg melasma (chloasma), brown skin marks after infections.

## Contraindications

**When should PIGMANORM® Crème WIDMER not be used?**

The preparation must not be used if vitiligo (white spot disease) or melanoma are present. It should not be used in the case of acute inflammation and skin eozemas, perioral dermatitis (inflammation of the skin at the sides of the mouth), rosacea, chickenpox, reactions to vaccinations, skin infections caused by bacteria or fungi and specific skin processes (due to syphilis or tuberculosis).

The component hydroquinonone can to a small extent be absorbed through the skin. On account of the possible risks of this substance, PIGMANORM® Crème WIDMER should not be used over a wide area or by those suffering from kidney disease or by pregnant women or children under the age of 12 years. PIGMANORM® Crème WIDMER must not be used during pregnancy as the danger of foetal malformation if undergoing tretinoin treatment cannot be ruled out.

The mucous membranes of the eyes, nose and mouth must not be brought into contact with PIGMANORM® Crème WIDMER. The preparation should not be used if allergic to any of the ingredients.

## Precautions

**Which precautions should be observed?**  
How much and how often should you use PIGMANORM® Crème WIDMER?

The cream should not be used after its expiry date. Keep out of reach of children.  
Unless otherwise prescribed, PIGMANORM® Crème WIDMER should be applied sparingly once a day to the affected skin.  
**Should you pay extra attention if driving or working with machinery?**

**How and when should you use PIGMANORM® Crème WIDMER?**  
PIGMANORM® Crème WIDMER is applied to the skin. Care should be taken not to spread the cream beyond the edges of the pigmentation marks. As soon as the dark marks diminish, the frequency of use can be reduced.

**For how long should you use PIGMANORM® Crème WIDMER?**  
sunscreen can be used to protect the areas of skin to be treated.  
The average length of treatment is seven weeks. If after 3 months at the latest no lightening of the skin has taken place, the treatment should be stopped. Note: the oral use of hydroquinone in animal experiments has given rise to the suspicion of a **mutant and weakly carcinogenic effect of this substance. The period of local application in humans, even if used locally with only slight skin absorption, should therefore depend on the success of the treatment and be kept as short as possible.**

## Interactions

**Which other medications influence the effect of PIGMANORM® Crème WIDMER, or alternately how does PIGMANORM® Crème WIDMER influence the effect of other medications?**  
The effect of many drugs can be influenced by the concurrent use of other medications. Please therefore ask your doctor if you are or have been using other medication on a regular basis, or if you propose to take them at the same time as this preparation. Your doctor will be able to tell you whether there may be an incompatibility or whether particular precautions such as, for example, a readjustment of the dosage, may be necessary if you use this medication.

## Incorrect use & overdose

**What may happen if you have used too little PIGMANORM® Crème WIDMER or have forgotten to apply it?**  
The effect of PIGMANORM® Crème

WIDMER is not adversely affected in such cases.

**What may happen if you interrupt treatment or finish it early?**

The original skin condition may reappear.

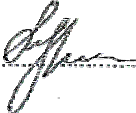
**Side effects**

**Which side effects may occur during the use of PIGMANORM® Crème WIDMER?**

During treatment skin reactions in the form of inflammation, irritation, itching, flaking and burning may occur. In the case of prolonged use, local side effects such as thinning of the skin,

enlargement of blood vessels, formation of stripes and acne-like eruptions may arise. Use should be discontinued if light marks become visible around the treated area or on other parts of the body, or if no lightening of the skin takes place after 3 months.

Translated from original leaflet written in German, dated 06 November 1996. Pharmacy Department, Bedford Hospital NHS Trust, May 2000

Approved by:  (Dr Burova)  
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# Dermatology

## PIGMANORM® Crème WIDMER



### Patient information leaflet

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