

Information, help and advice for patients with breast cancer

Breast Cancer Key Worker

Please note:

Patients with a cancer diagnosis are entitled to FREE PRESCRIPTIONS for any prescribed medicines (from: FP92A from GP or Primrose unit).

Hospital Staff

Surgeons: Mr H Charfare (consultant), Mr M Muttalib (consultant), Mr F Attia (associate specialist)

Oncologists: Dr R Thomas (consultant), Dr Sarah Smith (consultant), Dr R Bulusu (consultant),

Radiologists: Dr P Hicks and Dr C Onyekwuluje.

Breast care nurses

Bridget Ashdown ext. 2041 bleep 112

Rachel Bryce/ Alison Borromeo tel: 01234 355 122 Ext 5268 Bleep 402

A direct line on 01234 792057 is available Monday to Friday 8.30 to 5.30 for information and support at any stage of your treatment, recovery and afterwards.

Primrose oncology centre: Reception 01234 355122 ext. 2350, chemotherapy nurses ext. 2332

X Ray reception: 01234 355 122 ext 2821/2025

Appointments: Amanda-Jayne Mullings ext 5128, Kerry Hornibrook ext. 5744

Bedford Hospital Chaplaincy

Mr Eddie Turner (Locum Chaplain)

Tel: 01234 355122 ext 5901

Bleep 061

Mobile 07950097525

Available Tuesday, Wednesday, Thursday

Mr Ali (Imam)

Tel: 01234 355122 Ext 2039 (not often on site)

Best contact, home telephone number 01234 363353

Local Services

Anglia Cancer Network office

Gibson Centre

Exning Road

Newmarket

CB8 7JG

Tel: 01638 608208

Email: enquiries@angliacancernetwork.nhs.uk

Information about NHS strategies in cancer care within the East of England region

Bevan Library

On Bedford Hospital's website. Comprehensive information for patients-follow the links through Best Treatments/women's health or cancer

Library and literature

Available in the **Primrose Oncology Centre** with books on many aspects of cancer. Videos on chemotherapy and radiotherapy (English and Italian languages). Please ask a member of staff before borrowing books or videos to ensure loan details have been completed. Jeanne' Underwood is based in Primrose Unit and is available to help you with queries-her contact details are:

Jeanne Underwood

Macmillan information and support manager

Primrose Oncology Unit, Bedford Hospital

Tel 01234 792667 or 01234 355122 ext 5090

Advice regarding **hair loss** is available for people who need chemotherapy - we have a room to try on **wigs, hats and headscarves** in Primrose Unit

Cancernet information

www.cancernet.co.uk and

www.breast-cancer.uk.net

Online information compiled by Primrose Oncology Centre for patients and health professionals. A computer terminal is available for patients' use in the Primrose Centre.

Bosom Pals patient support group (Bedford Branch)

A patient-led support group. If you have had a breast operation or are waiting to have one and feel that you would like to discuss it with someone who understands, come along to one of their meetings. They meet on the second Wednesday of every month at 7.30 pm in Primrose Centre, Bedford Hospital. A social meeting with an opportunity to speak to other patients and the breast care nurses. Also social events organised throughout the year. Contacts for more information or a chat: Adriana King 01234 214455 or Jean Davies 01234 823496.

Look Good, Feel Better

Helping to improve quality of life for women with breast cancer. Boost your morale with a professional make-over. This is a free service offering advice on skin care and make up to women undergoing treatment for cancer. Based at Addenbrookes Hospital Telephone 01223 216551 reservations Monday to Friday 9 am to 10 am, Luton and Dunstable Hospital 01582 718189 or through **Bosom Pals**.

Bedford Day Care Hospice (Gladys Ibbett House)

3 Linden Road

Bedford

MK40 2DD

Tel 01234 352 015

Fax 01234 273074

Web site: www.bedforddaycarehospice.co.uk

Free specialist palliative care on a daily basis to all people of North and Mid- Bedfordshire affected by cancer from day of diagnosis. Referrals taken from any health or social care professionals

Hospice at Home

Home visits arranged for patients with cancer for professional care or volunteer company. Referral via healthcare professionals eg GP, district nurses or breast care nurses

Sue Ryder Care

Family Support Unit/Bereavement
St Johns Hospice
Moggerhanger
Bedfordshire
MK44 3RJ
Tel: 01767 640622
Fax: 01767 641262
Website: www.suerydercare.org

Bedford Open Door

120 Tavistock Street
Bedford
MK40 2SA
Tel 01234 360388
email counselling@bedfordopendoor.org.uk

Free youth counselling service for young people aged 13 to 25. Self referral or through professionals or volunteers involved with the young person

Bedford community rights centre

Projects for 13 to 19 year olds
27b Tavistock Street
Bedford
MK40 2RB
Tel: 01234 364558
Website www.counselling-directory.org.uk

They hold a directory of counsellors for a range of problems including stress and bereavement.

National organisations

Afiya Trust

27-29 Vauxhall Grove, Vauxhall, London SW8 1SY
Tel 020 7582 0400
Fax 020 7582 2552
<http://afiyatrust.org.uk>

Cancer support for the black and ethnic minority community

Breast Cancer Care

Kiln House
210 New Kings Road
London SW6 4NZ
Freephone 0800 800 6000
Website www.breastcancercare.org.uk

National charity. Provider of free, high quality information, offers practical assistance and emotional support through professional helplines and volunteer services for anyone affected by breast cancer. Publications available in large choice of languages. Specialist information for younger women
www.lavendertrustfund.org.uk

For men with breast cancer they have male volunteers who have had breast cancer for one-to-one support on the helpline 0808 800 6000 or an on-line support service on www.breastcancercare.org.uk/chat.

Breakthrough Breast Cancer

6th Floor Kingsway House
103 Kingsway
London WC2B 6QX
Tel 020 7405 5111
Website www.breakthrough.org.uk

National charity. Good quality publications, organise fundraising events, lobby parliament for improved treatments and services for patients affected by breast cancer.

CancerBACUP

3 Bath Place
Rivington Street
London EC2A 3JR
Freephone 0800 800 1234
Website www.cancerbacup.org.uk

Publications on all types of cancer and related subjects - free to patients

Macmillan Cancer Support

CancerLine 0808 808 2020
Website: www.macmillan.org.uk

Provides practical, medical, emotional and financial support for people affected by cancer at every stage of their illness and fundraise for better cancer care. Applications for grants are via Jeanne Underwood (see above), hospital and hospice nurses, social workers and other health professionals

National Institute of Clinical Excellence (NICE)

Website: <http://www.nice.org.uk>

Independent organisation providing national guidance on health care