

Advice on Discharge: Drainage of Bartholins Cyst

Pain

Please take the painkillers that have been prescribed by the doctor. Take them regularly for the first 24 hours following your surgery and then as required. **Do not exceed the stated dose.** If you have not been given any painkillers to take home and you are uncomfortable, take normal painkillers which you would take if you had a headache.

Washing

You should sit in a bath/shower twice a day from the day after your operation. The bath should not be too hot and nothing should be added to the water as this will irritate the wound.

Bleeding

Wear soft sanitary towel for as long as necessary.

Antibiotics

If any antibiotics are prescribed to you, finish the whole course or they may not be effective.

After Discharge

Please rest the following day or until you feel comfortable.

Queries and Worries

If you have any queries, or are worried about your condition you can either contact your own family doctor or the hospital. Between 07:30 and 19:30 (Monday to Friday) you could speak to Tavistock Ward (Direct line 01234 792270). You can also ring NHS Direct on 0845 4647.