

## Corneal Abrasion

You have sustained a graze to the **cornea**, the clear window of your eye.

This is a fairly common injury which can be caused by household objects, garden twigs, fingernails or any other sharp items.

This type of injury is extremely painful as the cornea has millions of nerve endings which become exposed as a result of the scratch. **You will find that your eye will water profusely and be very sensitive to light.**

You will have been given some local anaesthetic drops while you were being examined by the doctor. These will wear off after around 10 minutes. These were given to make the examination of your eye more comfortable.

**If you have had an eye pad applied, you must keep it on as instructed by your doctor.**

You may also have been prescribed some ointment to use; this will ease the eye and prevent it from developing any infection.

As this is a very painful condition, we advise you to take regular painkillers (such as paracetamol). This will keep your eye comfortable.

**It is best to rest quietly, as your eyeball will be uncomfortable if it constantly moves beneath the pad.**

You should feel better within 36 hours as the cornea will have regenerated the grazed surface by then.

If you feel your eye is getting worse then you must contact the eye clinic.





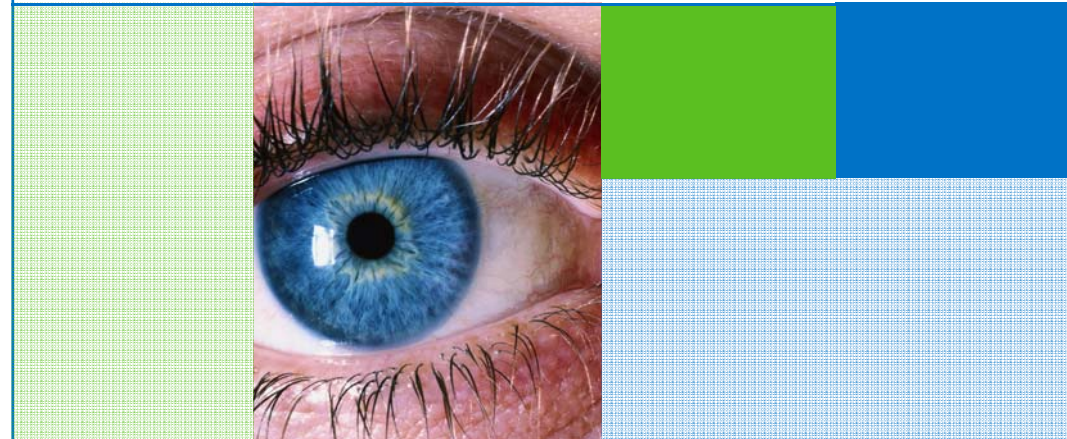
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# Ophthalmology

## Corneal Abrasion: Caring for your eyes



### Information for patients

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