

You have undergone a procedure called:

## **Bronchoscopy**

You have had sedation and throat spray today it is essential that someone accompanies you home and stays with you for the next 24 hours. You should not drive a car, operate machinery, drink any alcohol, sign any legally binding document or look after small children for 24 hours.

You are advised not to smoke.

You may eat a light diet today. You may resume your normal prescription medicines.

If biopsies have been taken there may be streaks of blood in your phlegm. This will usually pass within the next 24 hours and is nothing to worry about.

### **Symptoms to look out for**

The following symptoms are extremely rare but we need to make you aware of them.

If you have an increase in bleeding or you have difficulty in breathing (more than is normal for you) or you experience chest pain please report to the casualty dept.

### **Things to report to your doctor:**

- ***If your throat remains sore or hoarse for longer than 24 hours***
- ***If blood remains in your phlegm for more than 24 hours***
- ***temperature is greater than 100°F / 39°C***
- ***redness, tenderness and swelling at the site of the I.V. injection that persist for more than 48 hours.***

Further advice about your condition and treatment including biopsy results will be given at your next outpatient appointment or can be obtained from your GP.

### **Contact details**

If you have any questions or concerns contact your GP or call one of these numbers:

**Endoscopy Unit:** 01234 792269 (Monday to Friday 8am to 6pm)

**Bedford Hospital:** 01234 355122 ext. 2871 (Monday to Friday 8am to 6pm)

**NHS Direct:** 0845 46 47 (out of hours )

*Written by Helen Drake, endoscopy.*