

You may have broken your nose

- A broken nose does not always need treatment.
- There is often a lot of swelling after a nasal injury, but this by itself does not mean that you will need any treatment.
- The swelling takes about a week to go down.
- Only after the swelling has gone down is it possible to say whether or not your nose needs an operation to straighten it.
- Within two weeks of injury it is possible to reposition your nasal bones if they have been broken, to improve the appearance of your nose.
- More than two weeks after injury your nose bones will have solidified and straightening them will be much more difficult and less successful.

Therefore

- If 7-10 days after your injury when the swelling has gone down you are entirely happy with the outside shape of your nose then you need no treatment and do not have to come back to see us.
- If 7-10 days after your injury when the swelling has gone down you are not entirely happy with the outside shape of your nose, or if you are not sure, then please come back to see us to see what needs to be done.
- If necessary, please come to the ENT urgent referral clinic 7 -10 days after your injury for us to assess your nose to see if any treatment is necessary. (Before 7 days your nose will be too swollen. After 10 days there may be no time to straighten your nose before it has solidified.)
- The ENT urgent referral clinic is held between 10 and 11 o'clock Monday to Friday mornings in the ENT Department, Reception D, First Floor, Beeden House, Bedford Hospital, Kempston Road, Bedford MK42 9DJ.

You will not be given any other notification to come to have your nose assessed except this invitation.

Please bring this note with you to the ENT urgent referral clinic.

Date attended Emergency dept:.....

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| Date of Birth:.....Mr/Mrs/Ms |
| Hospital Number: |
| Surname: |
| First Name: |
| Address: |
| |
| |
| GP: |