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## Breast Cancer Family History Clinic

PLEASE COMPLETE AND POST THE ENCLOSED FORMS AT LEAST ONE WEEK BEFORE YOUR APPOINTMENT DATE

The Family History Clinic will assess whether the risk of inherited or familial breast cancer is raised in your family. Please complete the enclosed forms giving as much information as possible in the envelope provided. It is important to include **all family members whether or not they have had cancer** because we need to build a full family tree in order to make a proper assessment. We want to know details about:

- Yourself;
- first degree relatives (your children, your brothers and sisters and your parents); for convenience half-brothers and half-sisters are included in this section;
- second-degree relatives (aunts, uncles, grandparents, nephews and nieces);
- other more distant relatives such as cousins who have had cancer.

For each family member who has been affected by cancer, we need to know:

- the type of cancer and age at diagnosis;
- are they alive and if so, their present age;
- if deceased, their age at death .

Following your assessment we will advise in one of three ways

1. **If your assessment demonstrates that you do not carry any excess risk**, you will be provided with an information package about breast awareness and breast cancer risk factors. If in the future more cases of breast or ovarian cancer occur in close relatives, please ask your GP to refer you again as the initial assessment may need to be revised
2. **If the risk is moderately raised** above the general population risk we will advise your GP that you should have additional breast screening between 40 and 50 years of age.
3. **If you are in a higher risk group**, we will refer you for further advice to the Kennedy-Galton Medical Genetics Centre based at Northwick Park Hospital, North London who organise regular clinics in Bedford. In some cases, they may offer genetic testing which involves taking a blood sample from a person in the family who has had breast cancer (an "index case") and comparing the DNA with blood samples from family members who wish to know their risk. It is only very rarely possible to do genetic testing if there is no living "index case" who is willing to participate. Anyone wishing to embark on genetic testing will have counselling first.

Thank you for your co-operation

*Bridget Ashdown (Breast Care Specialist Nurse)*      *M Callam (Consultant Breast Surgeon)*

**Your name:** .....





**First degree relatives together with any half brothers or sisters**

Relative	Name	Year of birth	Alive Y/N	Age at death	If your relatives suffered from cancer ...	
					Where cancer occurred (eg breast, prostate etc)	Age when cancer diagnosed
Your own children						
Your sisters (S) and brothers (B), full or half (if half, please state through mother or father)						
Your father						
Your mother						

**Second degree relatives**

Relative	Name	Year of birth	Alive Y/N	Age at death	If your relatives suffered from cancer ...	
					Where cancer occurred (eg breast, prostate etc)	Age when cancer diagnosed
Your mother's mother						
Your mother's father						
Your father's mother						
Your father's father						
Your mother's brothers and sisters						
Your father's brothers and sisters						

**Other family members** who have had cancer of any type. Include nephews, nieces, cousins and great grand parents in this section. Please state how they are related to you eg cousin (mother's sister's daughter). Only include blood relatives of yourself, not adopted or married-in individuals.

Name	Relationship	Type of cancer(eg breast, prostate etc)	Age at diagnosis
<b>YOUR MOTHER'S SIDE OF THE FAMILY</b>			
<b>YOUR FATHER'S SIDE OF THE FAMILY</b>			