



Professor Robert Thomas
Mb, ChB, MRCP, MD, FRCR
Consultant Oncologist

Professor Thomas's clinical interests include breast, bowel and urological tumours. He is network lead for prostate brachytherapy. His oncology training was undertaken at The Middlesex, Mount Vernon, Royal Free and The Royal Marsden Hospitals, London. He has been presented with numerous awards including:

- 1995 British Onco1ogy Association - Junior Research Prize
- 2000 NHS research prize – communication research prize
- 2001 Hospital Doctor Magazine – Annual innovation prize
- 2002 Hospital Doctor Magazine - Doctor of the Year
- 2007 British Oncology Association - Oncologist of the Year

His research training for his medical doctorate took place at the National Hospital Queen Square, involving computer image integration and targeted monoclonal antibody therapy for patients with glioma. Professor Thomas is the author of "Lifestyle after Cancer" published by Health Education Publications (www.cancernet.co.uk/books.htm).

His current research interests include leading a trials unit at Bedford with several additional ongoing projects with Cambridge University, Cranfield University, Cranfield Business School, University of Bedfordshire and Hull University. The team has designed 6 UK prospective studies and published 75 peer-reviewed papers in international journals, over 100 abstracts and talks in international conferences.

Other ongoing research topics include how lifestyle factors affect outcome after cancer. From this, the research team published the world's largest prospective study which included lifestyle as one of its primary interventions. The team are currently designing and evaluating the UK's first a post cancer "Lifestyle Toolbox", and developing and evaluating strategies which help patients understand their cancer therapy options. This includes a patient video "Chemotherapy & Radiotherapy", a designated website (cancernet.co.uk) and a bespoke hand held file.