



Mr Sameer Singh

MBBS, Bsc FRCS Eng Trauma and Orthopaedics

Consultant Orthopaedic Surgeon (specialist interests : shoulder, elbow and hand)

Mr Sameer Singh qualified from Guys and St Thomas Medical School in 1995. Mr Singh completed his basic surgical training in London and was appointed to the St George's orthopaedic rotation in 2001. In 2006 he was appointed as fellow to the Liverpool Upper Unit, gaining expertise in shoulder, elbow and hand disorders. He was appointed visiting fellow to the Adidas Sports Medicine Centre, New Zealand and the Adelaide Sports Medicine Centre in 2007 concentrating on sports injuries and the treatment of elite athletes.

Mr Singh's elective practice concentrates exclusively on shoulder, elbow and hand disorders. He is trained to perform ultrasound scans of the shoulder and provides a one stop shoulder service for common shoulder disorders. Mr Singh deals with general trauma and complex upper limb trauma. He is faculty member for the Advanced Arthroscopic Shoulder Course in Liverpool, where he trains other surgeons on new techniques and stays updated with new and developing procedures. Mr Singh is also faculty for the Royal College of Surgeons, training surgeons basic surgical skills.

Mr Singh tailors treatments to suit individual patients and uses advanced arthroscopic techniques and minimally invasive methods. He works in conjunction with physiotherapists to maximise non-operative treatment of upper limb disorders and to make sure patients receive the appropriate rehabilitation after surgery.

Mr Singh specialises in:

- Sports/work-related injuries
- Shoulder arthroscopy
- Hand surgery –Carpal Tunnel decompression, trigger finger, ganglion removal, Dupuytren's contracture, wrist arthritis
- Recurrent shoulder dislocation
- Complex trauma – including shoulder, elbow, wrist and hand
- Frozen shoulder – hydrodilatation, manipulation, arthroscopic capsular release
- Elbow pain complaints
- Shoulder fractures
- Rotator cuff repair – arthroscopic and open
- Shoulder impingement syndrome/tendonitis
- Elbow arthroscopy
- Nerve Compression – Carpal tunnel, Ulna nerve
- Finger Joints – Arthritis, mucous cyst and mallet finge
- Hand and wrist fractures

Secretary: Anne Wright 01234 792318